

GSW RIDES November - December 2009

MONDAY RIDES

November 2, 9, 16, 23, 30; December 7, 14, 21, 28 @ 10:30A.M. Concord, NH (2/3 – L/M – 15 to 25 mi. @ <14 mph average)

NEWCOMERS AND BEGINNERS are welcome to come on these somewhat leisurely excursions. Must call to-confirm show-and-go rides averaging less than 14 mph.

Directions: Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At YIELD, go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

Ride Leaders: Cathy Yeager 603-224-0346 cyeagersecretarialservices@comcast.net
Al Jones 603-224-7121 Cell: 603-321-6770 Alvin.Jones@bench.com

TUESDAY RIDES

November 3, 10, 17, 24; December 1, 8, 15, 22, 29 @ 10:30A.M. Concord, NH (2/3/4 – M – 25-? mi. @ >14 mph av.)

Must call to-confirm-show-and-go-trying-to-keep-in-cycling-shape rides averaging >14 mph.

Directions: Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At YIELD, go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

Ride Leaders: Cathy Yeager 603-224-0346 cyeagersecretarialservices@comcast.net
Al Jones 603-224-7121 (cell: 603-321-6770) Alvin.Jones@bench.com

WEDNESDAY RIDES

November 11 @ 10:00 AM. Manchester, NH, Veterans Day Ride (- M- 50-60)

Leaving Nault's Cyclery, on Second Street Manchester, we will do a big loop ride. Heading north through Hooksett via River Road and connection with the Concord bike path just south of Concord. From there we'll go west and connect with Rte 77 towards Weare, South Weare and Francistown. Then on to Mt. Vernon, Milford and Amherst Common. Then wind our way back to Manchester through Bedford. Ride leader is open to varied route options along the way. 10:00 am Show and Go. 15-17 mph average moderate. Pace may pick up as riders get warmed up; but, this is not a hammer ride. Just a fun club ride. No one will be dropped. Bring beverage and snack/lunch. We will plan for an extended stop as riders desire to break maybe at Amherst Common. Approx. 50 to 60 miles. Raining, no ride. Dress accordingly. More Info. Contact ride leader

Directions to Nault's Second Street Manchester, The bike shop is now next door to Nault's Honda.

Ride Leader: Dave Holmander @ 736-8248 or e-mail: dave99cyclist@hotmail.com

November 25 @ 10:00 AM, Alton Bay, NH, Pre-Thanksgiving Day Ride (- B - 40 +)

Get ready for Turkey Day with this 40+ mile daytime ride. We will meet at the bandstand by the old train depot in Alton Bay at 10:00 am. Travel to Wolfboro Harbor along the east side of lake Winnie eventually ending in Wolfboro. We will break for snacks etc. and return via an alternate route to Alton Bay. Show & Go. 15-17 mph average. Fun club ride but pace may pick up as riders warm up; however, this is not a hammer ride. No one will be dropped. Bring drink and snack. Check weather for Alton Bay. Raining or snow no ride. Dress accordingly. More info. Contact ride leader.

Directions: Meet at bandstand by the old train depot in Alton Bay - Check <http://www.mapquest.com/>

Ride Leader: Dave Holmander @ 736-8248 or e-mail dave99cyclist@hotmail.com

November 4, 11, 18, 25; December 2, 9, 16, 23, 30 @ 10:30A.M. Concord, NH (2/3/4–M–25-?)

Must call to-confirm-show-and-go-trying-to-keep-in-cycling-shape rides averaging >14 mph.

Directions: Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At YIELD, go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

Ride Leaders: Cathy Yeager 603-224-0346 cyeagersecretarialservices@comcast.net
Al Jones 603-224-7121 (cell: 603-321-6770) Alvin.Jones@bench.com

SATURDAY RIDES

November 7, 14, (not 21), 28; December 5, 12, 19, 26 @ 10:30 A.M., Concord, NH- (1/2/3/4-L/M/B/S-10-?)

Consistent and Persistent Cyclist Excursions: This weekly ride has been offered since the 1980's every season of the year. One, two or three leaders are likely to be present and there will be cue sheets available for self guiding. If group cycling is new to you, please call Eugene (603-224-9727) to inquire about an orientation ride. We advise talking with a leader before showing up to cycle to confirm that a cold-weather ride is taking place. For information pertaining to any last minute details or changes, join <http://groups.yahoo.com/group/GSWConcord>. On **Nov. 21st** we will meet across from S&W Sports on South Main Street for an 11am start, because of the Heights holiday parade. Please see the separate ride notice.

Directions: Meet at the NH Dept. of Transportation parking lot on Hazen Dr. From I-93, take exit 14 (Loudon Rd./Rt. 9). Go east, across the river. At the signal at the top of the hill, turn L onto Hazen Dr. Turn left into the parking lot, just after the orange snowplow blade. If the lot along Hazen Drive is available, we meet there. If it is occupied, we park along the right side of the building or in the rear.

Contacts: Tim Ainsworth 603-783-4895 Timothy.Ainsworth@comcast.net
 Cathy Yeager 603-224-0346 cyeagersecretarialservices@comcast.net
 Al Jones 603-321-6770 Alvin.Jones@bench.com

November 21 @ 11:00 A.M., Concord, NH- (1/2/3/4-L/M/B/S-10-?)

Displaced Cycling Excursions: We are meeting across from S&W Sports on this date because of the Concord Heights Parade participants using our lot on Hazen Drive! The time was switched from 10:30 to 11:00 so, when you try to get to the DOT lot, you will recall the switch and have time to get across town to S&W to head out with a group. You should even have time to ask for directions to South Main Street if necessary. Please see the Saturday recurring ride notice for details about the rides.

Directions: Meet in the parking lot across the street from S&W Sports, 296 South Main Street, Concord, NH. From I-93, take exit 12N (S. Main Street / Rt. 3A North). The lot is about one mile away, on the right. Participants will have access to S&W's customer-friendly restroom before the ride as well as "emergency" bike attention!

Contacts: Tim Ainsworth 603-783-4895 Timothy.Ainsworth@comcast.net
 David Ross 603-224-6876 davidross2243@comcast.net
 Al Jones 603-321-6770 Alvin.Jones@bench.com

SUNDAY RIDES

Sunday, November 8 @ 10:30 A.M., Concord/Hopkinton, NH (Novice / Intermediate Ride 10+ miles)

Let's have one last Mast Yard excursion before winter. We can cycle the logging RR bed and again cross the new recreational bridge over the Contoocook River and try not to get lost some of the single-track very-doable trails! If there is a lot of rain for days before the ride, it might be cancelled. If the weather is questionable, call to confirm that the ride is taking place. ☺ Newcomers are welcome.

Directions: Meet at the Broad Cove Road Mast Yard area: From I93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). Travel a block to Rumford Street STOP and go straight up the hill. Travel 1.2 mi. to YIELD and go straight onto Little Pond Road for approximately 3 miles where down the hill (at the edge of Penacook Lake) the road becomes Lake View Drive. Travel 1.3 mi. to a fork and bear L = Carter Hill Road. Just after the apple orchard, turn L onto West Parish Road (Kearsarge Mountain view ahead on the R...). Travel down the hill to a junction=Broad Cove Road, and bear L. The meeting place is <1/8 mile on the R. Park in the 2nd small dirt lot where large boulders block vehicle access to the trails.

Ride Leaders: Al Jones 603-224-7121 (cell: 603-321-6770) Alvin.Jones@bench.com
 Cathy Yeager 603-224-0346 cyeagersecretarialservices@comcast.net
