

GSW Ride Summary, November - December 2018

Ride Summary and Key

SATURDAY RIDES:

Hampton, NH:

Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22, 29; 7:30 AM (25 miles 15-18mph, 40 miles 20+ mph)

North Salem, NH:

Nov. 3; 10 AM 2/3M 35-45 miles; (14-15mph)

Ride rating key for terrain, average pace, and distance

Terrain:

- 1 Generally flat, some grades, for beginners
- 2 Easy grades, challenging for beginners
- 3 Moderate grades, some challenge for average riders
- 4 Steep grades with some relief
- 5 Long steep grades for strong riders

Pace:

- L Leisurely with many rest stops (< 12 mph)
- M Moderate with some rest stops (12-15 mph)
- B Brisk with few stops (15-18 mph)
- S Steady, strenuous, rapid pace (>18 mph)

Miles: Approximate distance or range.

Note: It is prudent to use flashing bicycle tail lights and headlights both day and night.

End of November - December 2018 ride schedule. See our MeetUp page for additional rides and notices.

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2019 Election Results for GSW Leadership Positions

The annual GSW election for 2019 Officers and Standing Committees occurred at the October 8th General Meeting. Ballots were forwarded to Club members on October 1st electronically (425 members) and by regular mail (2). Candidates provided statements for Officer positions and several others. Use of electronic ballots provided confidentiality. We had a record level of participation in the election with 31% (132) of our 427 members voting (425 electronic ballots, 2 were sent paper ballots). These election results were shared at the October General meeting.

The number of candidates for 2019 GSW leadership positions indicates strong interest in shaping the future of the Club. Our thanks to all the candidates for stepping up to offer assistance to GSW. Special thanks to Jeff Mc Killip who found the Election Runner software tool and set up the election process and Dave Topham for help with the GSW mailing list and reminders. Here's a link to the vote tally:

<https://vote.electionrunner.com/election/17Y0q/results>. For questions, contact Donna Hepp who supervised the election.

2019 GSW 2019 Board and Committees Election Results:

Officers:

President	Dave Topham
Vice President	Bill Hayne
Treasurer	Dave Howard
Recording Secretary	Patty Tompkins
Social Secretary	Joanna Bligh

Standing Committees:

Banquet & Awards Coordinator	Molly Lunn Owen
Charity & Invitational Coordinator	Laurie Daley
Club Mileage and Commuting Mileage	Hetty Andrews
GSW Office Assistant	Judi Hull
Merchandising Chairperson	Joanna Bligh
Memberships / Office	Dave Topham
Newsletter Editor	Laurie Daley
Newsletter Mailing	Dave Topham
Publicity Coordinator	Patty Tompkins
Rides Coordinator	Mark St. Denis
Safety & Education Coordinator	Open
Seacoast Century General Coordinator	Mark Mac Kenzie
Seacoast Century Volunteer Coordinator	Open
Web Publisher	Barbara Amos
Weekend Events	Marguerite Orazi