## GSW Ride Classifications

## Choose a ride that meets your desires! <br> www.GSWheelers.org

## GSW Ride Key

Ride rating key for terrain, average pace, and distance

## Terrain:

1 Generally flat, some grades, for beginners
2 Easy grades, challenging for beginners
3 Moderate grades, some challenge for average riders
4 Steep grades with some relief
5 Long steep grades for strong riders

Pace:
L Leisurely with many rest stops (< 12 mph )
M Moderate with some rest stops ( $12-15 \mathrm{mph}$ )
B Brisk with few stops ( $15-18 \mathrm{mph}$ )
S Steady, strenuous, rapid pace (>18 mph)
Miles: Approximate distance or range.

Example: (1/2-L/M - $\mathbf{1 2}$ to $\mathbf{2 5}$ miles)
Denotes a generally flat leisurely 12 -to- 25 -mile ride (ideal for beginners) with a few rest stops.

Note: All rides and events are listed on our MeetUp calendar. At least 24 hours' notice is required.
https://www.meetup.com/granite-state-wheelmen-bicycling/events/calendar/

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